

**Elbert County Early Childhood
Needs Assessment
December 2010**

General Lifestyle Questions

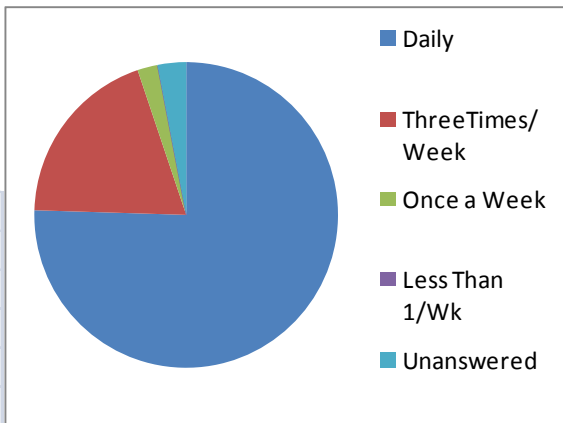
1. What type of exercise does your child(ren) get?

Numbers are based on surveys completed. More than one answer was possible for this question. The totals column indicates the number of surveys that had a positive result for that activity. Of the 323 surveys completed the reported activities were as follows:

	Total	Surveys
Riding Bikes	265	323
Taking Walks	256	323
Swimming	159	323
Running	229	323
Sports	194	323

2. How often does your child(ren) exercise? The numbers are based on actual number of children in the surveys. 425 of the 563 children in the survey get exercise daily, 109 get exercise 3 times per week, 12 get exercise once a week and 17 children were not answered for.

Daily Exercise/Child	
Daily	425
ThreeTimes/Week	109
Once a Week	12
Less Than 1/Wk	0
Unanswered	17



3. Do you have medical concerns that may be affected by nutrition? Results based on the number of surveys. More than one answer may have been provided. The following table shows the results for nutritional concerns. Of the possible 323 survey responses, allergies and behavior were the greatest concerns. Although, only 56 (17.3%) of the surveys completed indicated a nutritional concern.

Nutritional Concerns/Survey	Surveys	
Diabetes	3	323
ADD or ADHD	10	323
Obesity	9	323
Allergies	19	323
Behavior	15	323

Total	56
Percentage	0.173375